

Name _____ Autism/Asperger's Quotient Score _____

Answer each question Definitely Yes, Somewhat Yes, Mostly Not, or Definitely Not. Scoring for the 50 questions can be found at the end.	Definitely Yes	Somewhat Yes	Mostly Not	Definitely Not
1. I prefer to do things with others rather than on my own.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I prefer to do things the same way over and over again.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. If I try to imagine something, I find it very easy to create a picture in my mind.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I frequently get so strongly absorbed in one thing that I lose sight of other things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I often notice small sounds when others do not.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I usually notice car number plates or similar strings of information.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Other people frequently tell me that what I've said is impolite, even though I think it is polite.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. When I'm reading a story, I easily can imagine what the characters might look like.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. I am fascinated by dates.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. In a social group, I easily can keep track of several different people's conversations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I find social situations easy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I tend to notice details that others do not.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I would rather go to a library than to a party.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. I find making up stories easy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. I find myself drawn more strongly to people than to things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I tend to have very strong interests, and I get upset if I can't pursue them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. I enjoy social chitchat.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. When I talk, it isn't always easy for others to get a word in edgewise.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. I am fascinated by numbers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. When I'm reading a story, I find it difficult to work out the characters' intentions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. I don't particularly enjoy reading fiction.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. I find it hard to make new friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. I notice patterns in things all the time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. I would rather go to the theater than to a museum.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. It does not upset me if my daily routine is disturbed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. I frequently find that I don't know how to keep a conversation going.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. I find it easy to "read between the lines" when someone is talking to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. I usually concentrate more on the whole picture rather than on the small details.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. I am not very good at remembering phone numbers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. I usually notice small changes in a situation or in a person's appearance.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. I know how to tell if someone listening to me is getting bored.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. I find it easy to do more than one thing at once.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. When I talk on the phone, I'm not sure when it's my turn to speak.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. I enjoy doing things spontaneously.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. I often am the last to understand the point of a joke.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. I find it easy to work out what someone is thinking or feeling just by looking at their face.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. If there is an interruption, I can switch back to what I was doing very quickly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. I am good at social chitchat.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. People often tell me that I keep going on and on about the same thing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. When I was young, I used to enjoy playing games involving pretending with other children.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41. I like to collect information about categories of things (e.g., types of cars, birds, trains, plants, planets, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. I find it difficult to imagine what it would be like to be someone else.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. I like to plan carefully any activities I participate in.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. I enjoy social occasions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. I find it difficult to work out people's intentions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. New situations make me anxious.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. I enjoy meeting new people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
48. I am a good diplomat.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
49. I am not very good at remembering people's dates of birth.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
50. I find it very easy to play games with children that involve pretending.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How to Score

"Definitely Yes" or "Somewhat Yes" responses to questions 2, 4, 5, 6, 7, 9, 12, 13, 16, 18, 19, 20, 21, 22, 23, 26, 30, 33, 35, 39, 41, 42, 43, 45, 46 scores 1 point each.

"Mostly Not" or "Definitely Not" responses to questions 1, 3, 8, 10, 11, 14, 15, 17, 24, 25, 27, 28, 29, 31, 32, 34, 36, 37, 38, 40, 44, 47, 48, 49, 50 scores 1 point each.

Psychologist Simon Baron-Cohen and his colleagues at Cambridge's Autism Research Centre have created the Autism-Spectrum Quotient, or AQ, as a measure of the extent of autistic traits in adults. In the first major trial using the test, the average score in the control group was 16.4. Eighty percent of those diagnosed with autism or a related disorder scored 32 or higher. The test is not a means for making a diagnosis, however, and many who score above 32 and even meet the diagnostic criteria for mild autism or Asperger's report no difficulty functioning in their everyday lives.